



Your Volunteering experience in Janas Ecovillage!

Since 2012 Janas Ecovillage received thousands of helpers from everywhere in the world inserted in a learning-by-doing experience. This is collaborative living, in a place with many elements (ecosystem), routine tasks and skilled activities – its a big farm and village to maintain, so we are always doing something! This means its a place of work, down to earth and really grounded. Around that there is many ways to help&learn!

Accommodation: In a tent (Spring and Summer seasons) or shared room when available (Autumn and Winter seasons). Please bring your own tent, own sleeping bag, towel + water cantill bottle, sun protection, comfortable shoes/boots to work (not beach sandals please).

Food: Janas Ecovillage follows an open diet (we are not vegetarian or vegan) with ingredients grown organically in the farm + grocery food. The meals (from preparation to the cleaning of the kitchen after are made by rotative teams with all collaborators). The basic food ingredients are given by the farm. Any personal ingredient not found in the farm can be bought in the local shop in the village.

Community Living – Housekeeping and Meals: everybody as to participate in a collaborative and communitary way, there is a community shedule week table with rotine tasks where we made teams (1to3 people per task) for cooking and cleaning. Everybody uses the main house for eating, showers&toilets, living room so the principle is that everybody that use it needo to help to maintain. These community tasks are outside working volunteering hours/tasks at the farm. The teams are made equilibrated so everybody can have some free time per day and alternatively along the week.

Alcool and Drugs: we avoid the use of those consumptions at our project in an harmfull way* for people and the group. if its your choice please dont do it at our project as we receive visitors, students and families with children and dont want to represent that addictive behaviors as they are not representative of our way of living. *occasionally we have simple portuguese wine and beer at the table, this is not the harmfull way :)

Task | Activities: The volunteer as to be available to participate in multidisciplinary and practical works:

Horticulture (Planting, preparation of the fields etc) // Farm maintenance (Animals firewood watering) // Eco-Construction (woodwork, stone, etc)
Carpentry work (repairs, construction, etc) // Hosting and support the organization of events and Eco lodge // occasional Local COOP restaurant help

Day Off: Normaly the day off is at Sunday (we can adapt and switch that day if you need a different situation). If you stay at Janas Ecovillage in these day, you still have to help on the community tasks (cooking and cleaning) like you re resting at home!

Equipments available for the volunteers: Washing machine + Wi fi (please bring your laptop) + a LOT of books to read and study + bikes to be fixed (if you want to go biking you can help to restore them)

Working hours: In Janas Ecovillage the volunteers usually work **6 hours/day, 6 days/week**. The preparation of the community meals and housekeeping are outside those hours in group.

Attitude at work: to receive helpers and integrate them along the activities we need to be highly prepared to manage many processes, tools and timings, so we ask you: (1) to be highly concentraded during work time (2) focus on what you are doing if you want to learn – keep social conversations for meals and evenings – of course we can speak about the task/technics (3) respect the working hours & take your water with you (4) dont leave tools lost after you finished the task (4) communicate always when you have something to say about the living, working or some suggestion to improve the system.

The place, people and vision: Janas Ecovillage is here to transform all Janas town as an ecovillage. That will take many years. The starting point is a 3 ha farm where we live and run a farm, where is the camping zone and the main house. We also run a Local Cooperative at the village. We organise workshops for outside students. We also receive room guests from all countries to create a bigger network and to inspire more people so they can support the project with their stay. So all these together create a LOT of people to interact per day/week. Enjoy your stay and learning internship, We are glad that you make part of this ecovillage building. We hope your motivation to help and learn. Be focused on that so you can take knowledge!